



## Soulful Starters

£6.50

Char-grilled jerk chicken wings  
with pineapple salsa 🍌🍌 (GF, DF)

Thai pork golden bag (DF)  
with sweet chilli sauce

Sticky pork ribs  
with jerk bbq sauce 🍌 (GF, DF)

Chilli beef in a lightly spiced batter  
🍌 (DF) with ergole sauce

Tempura prawns (DF)  
with sweet chilli sauce

## Vegan Starters:

Thai vegan golden bag (V)  
with sweet chilli sauce

Mushroom Tom Yum soup (V, GF)

Moroccan-style cauliflower bites (V,  
GF) with ergole sauce 🍌

Thai corncake (V)  
with sweet chili sauce

---

## Magnificent Mains

*please order accompaniments - rice, chips or salad from our side orders menu*

Curried goat 🍌🍌 (GF, DF) £12

Caribbean mixed grill 🍌  
£16 for one person, £30 for two  
Jerk chicken, sticky pork ribs, chilli beef in  
a lightly spiced batter, pineapple salsa,  
ergole sauce (GF option excludes beef, DF)

Coconut seabass 🍌 (GF, DF) £10  
with stir-fried vegetables

Grilled sirloin steak (GF) £15  
with Peppercorn or Caribbean sauce

Scampi with lemon & tartar sauce £11

Caribbean chicken in ciabatta 🍌 £8  
Slow-cooked Caribbean chicken leg, ergole  
sauce (DF)

Local beef burger £7 (DF)  
Sauces: ergole 🍌, tomato or jerk BBQ 🍌  
with cheese 50p extra

Thai red chicken curry 🍌 (DF, GF) £8

## Vegan Main Meals:

Thai red vegan curry 🍌 (V, GF) £8  
green beans, red peppers, carrot

Vegan Lasagne (V) £8.50  
Courgette, green pepper & aubergine in  
a tomato sauce layered between vegan  
pasta sheets topped with a herb crumb

Vegan garden burger 🍌 (V) £8.50  
Broad beans, peas & spinach, lightly  
spiced in a ciabatta bun

Vegan red Thai slice 🍌 (V) £7.50  
Butternut, green beans, carrots &  
peppers in a puff pastry parcel

Mediterranean Tart (V)  
Slow-roasted tomato,  
mixed peppers & courgette



### Children's menu, £4.50

Mini pizza – margarita or pepperoni  
served with chips

Pork sausage (DF, GF) or Vegan sausage (V, GF)  
served with rice or chips, & baked beans

Fish fingers  
served with rice or chips, & baked beans

---

### Side orders, £3

Mixed leaf salad  
Plain rice  
Rice n' Peas  
Pineapple rice  
Chunky chips  
Olives

---

### Delightful Desserts, £5.50

*served with cream, ice cream or custard*

Mango, lime & coconut cheesecake

Sticky chocolate & orange cake

Caramel apple pie (GF)

Carrot & pistachio cake (V)

### Ice cream, £3 per bowl

Vanilla, chocolate & strawberry  
Vegan vanilla (V)

---

Vegan = V

Dairy-Free = DF

Gluten-Free = GF

Chilli rating  = mild,   = medium